



*Eastwood
Community
Centre*

**Program Booklet
Term 2 - 2026**

95 Glen Osmond Road Eastwood 5063

eastwood.asn.au

eastwood@eastwood.asn.au

(08) 8373 2225

Welcome to Term Two of 2026 at Eastwood Community Centre!



A new year brings fresh energy, new ideas, and renewed opportunities to connect - and we're delighted to welcome you to **Term One at Eastwood Community Centre**.

As we step into 2026, our Centre continues to be a place of belonging, learning, and connection for people of all ages and backgrounds. From creative arts and lifelong learning to health, wellbeing, and community support, our programs are designed to help you build skills, confidence, friendships, and a strong sense of community.

This term, we're proud to again offer a vibrant mix of Adult Community Education programs, creative workshops, cooking experiences, fitness classes, support groups, and family-friendly activities. Whether you're looking to try something new, explore pathways to work or business, improve your wellbeing, or simply connect with others, there's something here for you.

For families, our much-loved **Little Garden Explorers Playgroup** continues to grow. Due to its popularity, we're pleased to offer **two weekly sessions**, providing more opportunities for young children and their parents or carers to play, explore nature, and build connections in a welcoming environment.

We're also delighted to offer our **Garden Room and Centre Garden for hire**, making it a perfect setting for **children's birthday parties and small family celebrations**. With indoor and outdoor space, it's a relaxed, friendly option for creating special memories close to home.

At Eastwood, we believe strong communities are built through shared experiences, learning together, and supporting one another. We warmly welcome new participants and look forward to reconnecting with familiar faces as we begin another exciting year.

Thank you for being part of our community - we can't wait to see you at the Centre.

Leanne Isaacson
Director
May 2026

WHATS ON AT THE CENTRE MAY TO JULY 2026 WEEKLY PROGRAM

See Class Times in the General Information

Monday

AA Support Group
Drawing and Painting
Empower East - NDIS Providers Network
Little Garden Explorers Playgroup
Strength for Life
Stretch and Balance
The Lavender Sobriety – AA Support
Young Women’s Cancer Support Group (monthly)

Tuesday

Little Garden Explorers Playgroup
Art & Craft for Everyone (1st & 3rd)
Digi Stories - Podcasting for Business
Create a Blooming Career – Intro to Floristry
Gamblers Anonymous

Wednesday

Art Around the Table (1st Wed month)
Meditation for Cancer Support
Cooking Masterclass Series – Australia’s Great Chef
Culinary Capers – Cooking Pathways Cook Your Way to A Delicious Career
Eastway Vikings - Medieval History & Martial Arts Centre
Adult Children of Alcoholics & Dysfunctional Families (ACA)
The Compassionate Friends Support Group

Thursday

1 to 1 Computing
Abacus for Children
Eastwood Women's Step (AA)
Primary Purpose (NA)
Strength for Life
Latin Dance Class

Friday

AA Support Group
Adult Children of Alcoholics & Dysfunctional Families (ACA)
Chair Yoga
Movement with Music
Strength for Life
Stretch & Balance
Watercolour Painting
Women's Cancer Support Group (fortnightly)

Saturday

Fitness with Hamish
Eastwood Events – Comedy Night, All-Abilities Dance Party (Dates TBA),
Quiz nights, Music Bingo, Live Music

Sunday

Eastwood Recovery (AA)
Revival Centres Church
Siempre Tango (fortnightly)
Sunday Sounds – Live Music in the Garden – Spring/Summer

CONTENTS – MAY TO JULY 2026

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| ADULT COMMUNITY EDUCATION | 7 - 11 | HEALTH & FITNESS | 23 & 24 |
| Start Cooking in 2026 | | Stretch & Balance | |
| Master Marketing for Your Business | | Strength for Life | |
| Intro to Podcasting | | Mindful Strength & Flex – Chair-Based | |
| Floristry Pathways | | Keeping Fit with Hamish | |
| Introduction to AI | | | |
| One-On-One Computer Help | | | |
| ARTS & CRAFTS | 18 & 19 | HERITAGE & HISTORY | 25 |
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| Revival Centres Church | | | |
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| Movement with Music | | Adult Children Of Alcoholics & Dysfunctional | |
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| Latin Dance Classes | | The Compassionate Friends | |
| | | Eastwood Recovery - AA | |
| | | Eastwood Women's Step - AA | |
| | | The Lavender Sobriety – AA Support | |
| | | Gamblers Anonymous | |
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| | | Young Womens Cancer Support Group | |
| | | Womens Cancer Support Group | |
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| Adelaide Symphony Orchestra - May | | | |
| Sunday Sounds - Live Music in the Garden | | | |
| - Dates to be confirmed | | | |

VENUE HIRE – Main Hall

Our **Main Hall** is available for hire and is ideal for:

- Parties and birthday celebrations (no 18th or 21st Birthdays)
- Community dinners
- Family gatherings
- Fundraising events
- Presentations and group functions

The hall comfortably accommodates **up to 100 guests**, with plenty of space for seating, dining, or activities.

Kitchen included

Hire of the Main Hall includes access to our **fully equipped kitchen**, featuring:

- Refrigerator
- Electric Oven & Gas Stovetop
- Microwave

This makes it easy to prepare, warm, and serve food during your event.

Tables and chairs provided

We provide **tables and chairs** as part of your hire, so you don't need to organise separate equipment hire.

Hire times

The Main Hall is available for hire on **Saturday evenings** from 5pm - midnight
A **deposit** is required to secure your booking, and a **refundable bond** applies.

To enquire or book, please contact: bookings@eastwood.asn.au



VENUE HIRE - Garden Room and Back Garden for Hire

Our **Garden Room** and **Centre Garden** are available for hire on weekends and are ideal for:

- Children's birthday parties
- Baby showers
- Family gatherings
- Small celebrations

The **Garden Room** comfortably suits up to **40 guests** and works well for a small buffet, dessert table, gift table, or children's activity area. The **Centre Garden** is a peaceful outdoor space with greenery, perfect for outdoor play, relaxed socialising, and photos.

Hire times

We offer **3.5-hour hire blocks** on **Saturdays and Sundays**:

- Morning sessions 9.00am – 12.30pm
- Afternoon sessions 1pm – 4.30pm

This allows time for set-up, your celebration, and pack-down.

What's included

Your hire includes access to:

- The **Garden Room and Centre Kitchen**
- The **Centre Garden**
(for the duration of your booking)

A **deposit** is required to secure your booking, and a **refundable bond** applies.

To enquire or book, please contact: bookings@eastwood.asn.au



WHAT'S COOKING NOW AT EASTWOOD?

Australia's Great Chef and Restaurants Series



20th May 2026 – Inspired by Adam Liew.

Quick Hainanese Chicken Rice
Roast Pork Belly with Green Mustard
Prawns with Glass Noodles
Golden Syrup Dumplings

03rd June 2026 – Inspired by Kylie Kwong

Crispy skin chicken with black vinegar and spring onion dressing
Sung Choi Bao of pork, ginger and mushrooms
Stir-fried king prawns with green asparagus and baby corn
Chiffon cake with citrus and ginger

17th June 2026 – Inspired by Frank Camora and Richard Cornish

Spanish potato omelette
Fried Padron peppers
Grilled quail marinated in lemon and thyme
Beef cheeks with Pedro Ximenez
Basque Burnt Cheesecake

Wednesday Evenings 6.00pm – 8.30pm.

Register at www.eastwood.events

Shared Cooking and Dining Experience: Just like a true shared table, participants cook together before enjoying the dishes as a group. This communal approach fosters connection, conversation, and the joy of sharing a meal.

Expert Guidance from Chef Tony Adey: With Tony's expertise and passion for native cuisine, participants receive step-by-step guidance, practical tips, and inspiration to continue experimenting with native flavours at home.

Hands-On Learning: Sessions are interactive and practical, ensuring participants gain not only recipes but also confidence in handling unique ingredients and techniques.

LITTLE GARDEN EXPLORERS PLAYGROUP

Weekly: Monday Weekly - 1 pm – 2.30 pm (Garden Room & Garden)
Tuesday Weekly - 10.00 am – 11.30 am (Garden Room & Garden)
Tel: 8373 2225 – bookings recommended

Playgroups are for fun and friendship for children from birth to 5 years and their parents and caregivers. Children can socialise, play, and learn in a safe and happy environment, while parents and caregivers can meet and support each other. Playgroup activities include Storytime, singing, crafts, outdoor and indoor play, and much more.

What We Offer:

- A safe and fun environment for children to explore.
- Opportunities for children to develop social skills.
- Activities to encourage creative and critical thinking.
- Resources and support for parents and caregivers.

Why Your Child Benefits:

- Helps in the development of your child's social, emotional, and cognitive skills.
- Encourages independence and self-confidence.
- Provides an opportunity to meet and make friends.
- Offers a structured environment that supports learning.

Why You'll Benefit:

- Connect with fellow parents and caregivers.
- Share experiences and gain new insights.
- Build a support network.
- Enjoy quality time with your child.



Playgroup @ Eastwood

MONDAY AFTERNOONS
1.00pm - 2.30pm

TUESDAY MORNINGS
10:00am - 11:30am



Register at www.eastwood.events



Empower East

Eastern / Central NDIS Network

Monday: 01 June

From: 4.30 pm – 6 pm

Empower East is a networking event for NDIS providers to connect, share knowledge, and develop partnerships. The event offers an opportunity for NDIS providers to expand their professional networks and stay up to date with the latest developments in the disability service sector. It provides a platform for NDIS providers to showcase their services and expertise to potential clients and collaborators, as well as to learn from other providers' experiences and best practices. The event is held at Eastwood Community Centre and is designed to bring together NDIS providers from across the region to facilitate collaboration and innovation in the disability service sector.

Adelaide Symphony Orchestra

Free Community Workshop 16 May

No pressure, no practice, no strings attached!

Ever wanted to make music but didn't know where to start? ASO Jam Sessions are free, drop-in workshops where creativity takes the lead. No experience? No problem. Led by workshop facilitators Julian Ferraretto and Dave McEvoy, these sessions bring together ASO musicians and community members of all skill levels to create music in the moment - shaped by your ideas, stories, and spontaneity.



In each workshop, you'll jam together and improvise original music with facilitators and ASO musicians guiding the way. Free, welcoming, and open to all, register today to explore, and see where the music takes you.

Dip your toe in and register for one workshop or lock in the last two - it's up to you!

More details to come.



ADULT COMMUNITY EDUCATION PROGRAM INFORMATION

Culinary Capers: Cook your way
to a delicious life or career.



Create a blooming career:
Intro to Floristry



AI for Business



Introduction to Podcasting:
Find your Voice

INTRODUCTION

INVITATION

The team at the **Eastwood Community Centre** is pleased to offer a range of exciting Adult Community Education (ACE) programs in 2026; **funded by SA Department of Education**.

The aim of these programs is to provide opportunities for learners to build literacy, numeracy, digital and life/employability skills through involvement in **engaging, fun and hands-on learning activities** across a range of vocational areas.

All '**ACE it @ EASTWOOD**' education programs will be facilitated by **experienced trainers & facilitators with specialist skills and knowledge in their respective industries and areas** such as Troy Sincock, Andy Martin Aus cast Network, Tony Adey professional chef restaurant owner and Regency International TAFE, Zac Bailey web designer, marketer and business owner James Anthony Consulting, Ruth Lemon professional florist.



We look forward to meeting and learning with you in 2026!

Leanne Isaacson Director, Eastwood Community Centre

WHO CAN PARTICIPATE

We **welcome adult participants of all ages and from culturally and linguistically diverse backgrounds**. It is not necessary to have had any prior education or life/work experience in program areas to be able to enrol. Enrolment requirements include a registration form and an Upfront Assessment of Need (UAN).

Can I enrol in one of the 'ACE it @ EASTWOOD' education programs?

Are you:

- Unemployed or under-employed?
- Interested in building your knowledge and skills?
- Looking to start a business or side hustle?
- Ready for a new pathway to employment or further study?
- Able to attend all sessions?

Then this program is for you!

Cost: **\$20** (Courses are heavily subsidised; however, there is a \$20 administration fee)

START COOKING IN 2026

Unleash your inner chef and build a strong culinary foundation with us!

Discover the art of cooking alongside our expert chef and trainer, who will teach you food preparation and cooking skills in multiple practical, hands-on sessions.

Learn about:

- How to cook for one or group events
- Food prepping, knife skills , kitchen-hand tips and tricks
- Responsible Service of Alcohol (on request)
- WHS and equipment provided and worn during practical sessions.
- All expenses related to ingredients; equipment are covered.



Showcase your culinary growth by planning, prepping & cooking for in house events.

DATES STARTING: 6 May 2026 – 6 weeks

TIME: 11am – 2pm

COST: \$20 (Courses are heavily subsidised; however, there is a \$20 administration fee)

AI FOR BUSINESS - Content Creation, Image Generation & Smart Planning

Step up your business and marketing skills with our AI for Business course- designed to help small business owners, entrepreneurs, and creatives confidently use AI for everyday content creation and planning.

Do you have a business idea, side hustle, or small enterprise and want to create engaging content more easily? This practical, hands-on course will show you how AI tools can support writing, visual content, and business planning - no technical experience required.

You'll learn how to:

- Create written content using AI for social media, websites, emails, and promotions.
- Generate images and visuals to support your brand and marketing.
- Use AI to plan content, campaigns, and ideas more efficiently.
- Develop clear key messages that connect with your audience.
- Use AI responsibly and confidently in a small business or work setting.

This course focuses on practical skills you can use straight away, helping you save time, boost creativity, and plan with confidence.

DATES STARTING: TBA

COST: \$20 (Courses are heavily subsidised; however, there is a \$20 administration fee)

EXPERIENCE THE JOY OF FLOWERS AND FLORISTRY

Unlock your true potential and cultivate a flourishing career or personal skills

This transformative program is designed to build your understanding of the captivating world of flowers and floral design techniques. Led by a professional florist, you'll gain firsthand industry knowledge and hands-on experience in:

- Floral design techniques
- Basics of flower care
- WHS knowledge and skills



Join us now and witness your passion for floristry bloom into a fulfilling and rewarding journey.

DATES STARTING: Term 2 Class Full – Term 2 commencing

COST: \$20 (Courses are heavily subsidised; however, there is a \$20 administration fee)

INTRODUCTION TO PODCASTING

Unlock the world of podcasting with our "Intro to Podcasting Course!

Are you ready to captivate your audience, boost your brand, and create engaging content that drives results? Join us in this dynamic course, where you'll learn the art of crafting compelling stories, sourcing engaging narratives, and writing scripts that leave a lasting impact. Facilitated by Troy Sincock ABC Radio and Andy Martin Auscast & SAFM

What You'll Gain:

- The skills to create captivating podcast content
- Insights into reaching and engaging your target audience
- Hands-on experience in our state-of-the-art podcast studio
- Expert guidance and strategies for podcast success

DATES STARTING: Tuesday day and night class – **BOOKED OUT - Register your interest for a waitlist**

COST: \$20 (Courses are heavily subsidised; however, there is a \$20 administration fee)



There are a **limited number of places** available in each 'ACE it @ EASTWOOD' program.

To register your interest and reserve a space in a program:

1. Ring the Eastwood Community Centre on (08) 8373 2225
2. Scan the QR Code below or
3. Register online at eastwood.events



Supported by

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South Australia**

TESTIMONIALS

Our testimonials show how our Adult and Community Education programs have the power to positively change lives, empowering individuals to reach their full potential.

'I feel much more confident now and that my business will be a success.'

Nicole (student)
Starting a Small Business program

'I recently had the incredibly good fortune to attend Troy Sincock's Digi Yarns Podcasting Program, he expertly guided us to assemble our story in a way that is interesting and meaningful to the listener while still being authentic with our message...'

Kathryn (student)
Digi Yarns Podcasting Program

'R has benefited greatly from the opportunities he has been presented with at the community centre'

Provider referral on student outcomes
Culinary Capers: cook your way to a delicious life or career

'The courses at Eastwood are extremely high quality. I highly recommend them.'

Cat (student)
Get the Money Smarts - Starting a Small Business course



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ARTS & CRAFTS

ART AROUND THE TABLE with THE ART BUS

This course offers the opportunity to try your hand at new art skills. Enjoying morning tea whilst making new friends, no experience required.

- Monthly** 1st Wednesday 10.00am–11.30am – Garden Room
Facilitator: Claire and Miranda Harris
Tel: 8373 2225
Fee: \$10.00 or buy a card of 10 sessions for \$90.00

ART & CRAFT FOR EVERYONE

Join those who share an interest in art, come along have a laugh over a tea and/or coffee connect with your neighbours from the local community. Everyone is welcome.

- Fortnightly:** 1st & 3rd Tues of the Month 1.00pm-4.00pm – Main Hall
Facilitator: Helen Rodriguez
Tel: 8373 2225
Cost: \$5 per session



ARTS & CRAFTS Cont'd

DRAWING & PAINTING

Join our drawing and painting course, join others as you explore a diverse range of art.

Fortnightly: Monday 1.00pm-4.00pm (please call re exact dates) – Main Hall

Facilitator: Anne Harrop

Tel: 8373 2225

Cost: \$20 per session

WATER COLOUR

Learn watercolour with Marilyn Jacobs, an experienced watercolour tutor, exhibiting artist and an RSASA Fellow. Marilyn presents a variety of challenges for students, ranging from representational and traditional styles through to more experimental approaches covering different techniques, artists, and subjects. Ten-week course for adults. Classes are suitable for all levels of ability. Bring your own materials - list will be supplied.

Weekly: Friday 9.30 am -12.30 pm

Facilitator: Marilyn Jacobs

Tel: 8373 2225

Cost: \$210

Contact: Eastwood Community Centre to enrol



COMMUNITY CONNECTIONS

COMMUNITY GARDEN PLAYSACE, LITTLE STREET LIBRARY

Come along and enjoy the Centre's Garden and children's play space. Check out our Little Street Library with children's and adult books to take away; or if you have ones you would like to share, please leave them with Tot and Dot our great characters that look after our books and reading space.

Tel: 8373 2225 for further information

REVIVAL CENTRES CHURCH

Revival Centres Church preaches the full gospel message of Jesus, with all members of the community welcome.

Weekly: Sunday 12.00PM – 2:30PM

Facilitator: Pastor Malcolm Smith

Mobile: 0430 652 050

ONE-ON-ONE COMPUTER HELP

One-on-one support can answer all your questions (without geek-talk) and show you how to make the most of your phone or tablet security on your devices and/or computer... and enjoy it.

- Digital Devices
- Using online sites – MyGov, MiHealth, Online Banking and much more
- Cybersecurity for your personal information
- Cybersecurity for your business
- Be Connected for Over 50's (Free program)
- Work Ready skills to re-engage in the workforce

Weekly: Thursdays 1pm & 2pm – Bookings Essential

Tel: 8373 2225

Cost: \$5 (Free for over 50's funded under the Be Connected Program)

Contact: Eastwood Community Centre to enrol

DISABILITY PROGRAMS

Community Bonding: Connecting through Activities

For people interested in community together, making new friends and enjoying an outing or learning more about utilising information technology, particularly your smart phone, or camera.

This program runs weekly and is complimented each fortnight with a fortnightly bus outing to various venues around Adelaide.

Other Programs Commencing in the coming months

- Bus Trips - Social and day outings
- Photography
- Let's Get Cooking
- Community lunches
- Make new friends through monthly Funky Friday music
- Developing Skills for Work
- Information Technology

Register your interest or contact us if you have other ideas.

Empower East

Eastern / Central NDIS Network

Monday: 01st June 2026

From: 4.30 pm – 6 pm

Empower East is a networking event for NDIS providers to connect, share knowledge, and develop partnerships. The event offers an opportunity for NDIS providers to expand their professional networks and stay up to date with the latest developments in the disability service sector. It provides a platform for NDIS providers to showcase their services and expertise to potential clients and collaborators, as well as to learn from other providers' experiences and best practices. The event is held at Eastwood Community Centre and is designed to bring together NDIS providers from across the region to facilitate collaboration and innovation in the disability service sector.



DANCE & MUSIC

SIEMPRE TANGO

Discover the powerful, sensuous dance of Argentina, from beginners to advanced.

1st, 3rd & 5th Sunday: 3.30 pm - 7.00 pm – Main Hall

Facilitator: Rod Krischock

Mobile: 0434 843 099

Website: www.siempretango.net.au



MOVEMENT WITH MUSIC

Come along have a dance and get to know people in your local community. This is a low-key group that just loves to come together to listen to music, move a bit, have a laugh, and share lunch at the end of the session.

Weekly: Friday 12.15 pm - 1.45 pm – Main Hall

Facilitator: Peter Willis

Tel: 8373 2225

Cost: \$5 per session



SOCIAL SWAY DANCE CLASSES

A fun, welcoming class for adults of all levels.

Learn all styles including Salsa, Bachata and Latin Jive in a relaxed setting.

A great way to stay active, build confidence and connect with others.

Weekly: Thursday 07:15 pm – 8:15 pm – Main Hall

Facilitator: Piyal

Tel: 0490 119 148



HEALTH & FITNESS

MINDFUL STRENGTH & FLEX – CHAIR BASED

Yoga inspired chair based strength and flex session.

Weekly: Friday 10.30am – 11.15am
Facilitator: Alex Ashden
Phone: 8373 2225
Cost: \$10 per session



KEEPING FIT

Come along feel the benefits of keeping fit.

Weekly: Saturday 8 am - 9 am Main Hall
Facilitator: Hamish Cornell
Tel: 0419 030 789
Cost: Please contact Hamish
Location: Hall

STRENGTH FOR LIFE

The program encourages older South Australians to attend strength training sessions by promoting the benefits of strength training.

Strength training has also been shown to improve balance and reduce risk of falling, enhance mental wellbeing, improve body composition (more muscle, less fat), raise self-esteem and self-confidence, reduce lower back pain, enhance older people's ability to undertake activities of daily living and maintain an independent lifestyle.

Participants will need to book in for an assessment from which a personalised training plan will be developed. Please ring for further information.

Weekly: Monday 8.00 am – 9.00am - Kye
Thursday 2.00 pm – 3.00 pm - Alex
Friday: 2.00 pm – 3.00 pm - Alex
Contact: Kye Ashden
Tel: 8373 2225
Cost: \$8.00 per session or purchase book of 10 sessions \$70.00



HEALTH & FITNESS Cont'd

STRETCH & BALANCE - Monday

Stretch & Balance is designed to improve balance, flexibility and posture therefore increasing the muscles natural range of motion and tone. All activities can be adapted to your own ability.

Weekly: Monday 9.15 am – 10.15 am

Contact: Kye Ashden

Phone: 8373 2225

Cost: \$7.50 per session or purchase book of 10 sessions \$65.00

STRETCH & BALANCE - Friday

This class adds another dimension to the Stretch and Balance class incorporating the strength component with focus on improving your physical strength, flexibility, and posture. Attention is given to the abdominal muscles, lower back, hips, and buttocks. All activities can be adapted to your own ability.

Weekly: Friday 8.45 am – 9.45 am

Contact: Kye Ashden

Tel: 8373 2225

Cost: \$7.50 per session or purchase book of 10 sessions \$65.00



HERITAGE & HISTORY

ADELAIDE HISTORICAL BOTTLE CLUB INC

Established in 1971 by a group with an interest in collecting old bottles and learning about Adelaide's early produce manufacturers; as well as collecting associated historical artefacts. Displays, sales and information for members and visitors.



Monthly: 2nd Thursday 6.30 pm - 10.00 pm

Contact: 8373 2225

MEDIEVAL HISTORY & MARTIAL ARTS CENTRE SA

Our goal is the knowledge of the history and traditions of the Early Middle Age people, Scandinavia, and Rus from the period of 9-11 centuries known as "the Viking Age".

Fortnightly: 2nd Wednesday of the month 6.30 pm - 9.30 pm

Contact: Alex Svetlakov

Mobile: 0411 400 615



PARENTS AND FAMILIES

ABACUS MATHS FOR KIDS

Abacus math is a fun way to discover numbers & calculations. As a result, children have fun with numbers and develop several abilities like concentration, memory, observation, and many more with interactive learning styles.

Weekly: Thursday 4.00 pm – 5.00 pm
Contact: Junko Sanchez
Mobile: 0403 743 449

LITTLE GARDEN EXPLORERS PLAYGROUP

Playgroup is a group of mums, dads, grandparents, and caregivers who meet with their babies, toddlers, and pre-schoolers (aged 0-6) for interaction and fun. All working together to provide opportunities to learn through play and connect with others.

Weekly: Monday Weekly – 1 pm – 2:30 pm
Weekly: Tuesday Weekly - 10 am – 11:30 am
Tel: 8373 2225



SUPPORT SERVICES

WOMEN'S CANCER SUPPORT GROUP in person or via zoom (contact for information)

Fortnightly: Fridays 10.30am – 12.30pm (1st & 3rd Friday)

Tel: 8373 2225

YOUNG WOMEN'S CANCER SUPPORT GROUP in person or via zoom (contact for information)

Monthly: 1st Monday of the month 6.00pm – 7.30pm

Tel: 8373 2225

AA EASTWOOD RECOVERY (AA SUPPORT GROUPS)

Weekly: Monday 11.30 am – 1.00 pm

Friday 1.00 pm – 2.30 pm

Sunday 10.00 am – 11.30 am

Tel: 8373 2225

EASTWOOD WOMEN'S STEP (AA SUPPORT GROUP)

Weekly: Thursday 12.00 pm – 2.00 pm

Tel: 8373 2225

THE LAVENDER SOBRIETY: ALCOHOLICS ANONYMOUS

Weekly: Monday 3.45pm – 5.15pm

Tel: 8373 2225

THE COMPASSIONATE FRIENDS

Monthly First Wednesday of the Month 6pm – 9pm

Tel: 8373 2225

GAMBLERS ANONYMOUS

Weekly: Tuesday 8.00 pm – 9.30 pm

Tel: 8373 2225

PRIMARY PURPOSE - NARCOTICS ANONYMOUS

Weekly: Thursday 12.00pm – 1.00pm

Tel: 8373 2225

ADULT CHILDREN OF ALCOHOLICS & DYSFUNCTIONAL FAMILIES

Weekly: Wednesday 6.30pm – 8.30pm

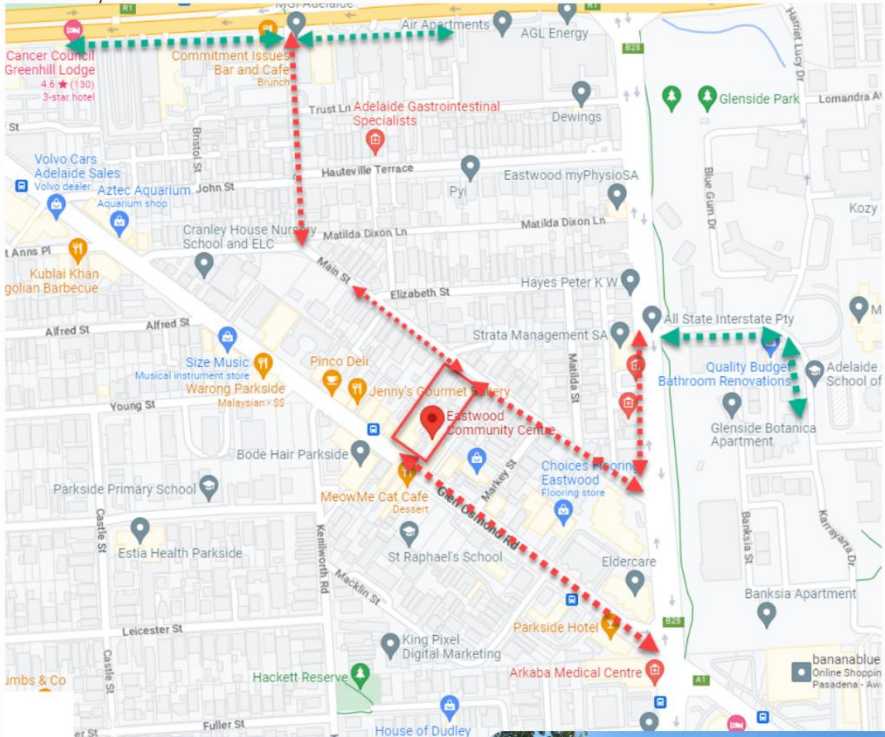
Friday 6.30pm – 8.30pm

Tel: 8373 2225



We are closer than you think!

Only a short stroll from Greenhill Road & Fullarton Rd



38 Main St Car Park & Entrance



95 Glen Osmond Rd Entrance & Carpark

How to get here

 Eastwood Community Centre



Bus No: 861 or 171
Bus Stop No: 3



**EASTWOOD COMMUNITY CENTRE
FUNDING PROVIDED BY:**



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